

Unveiling Oral Health Heroes: Exploring Cultural Oral Habits and Combatting Oral Cancer

Oral disease is not limited to resource-poor regions; it is alarmingly prevalent even in affluent societies. Now, more than ever, the role of oral health providers is paramount due to global trends and the concerning rise in oral cancer rates. As guardians of oral wellness, these professionals possess the power to detect pre-cancerous or cancerous mucosal changes, potentially saving lives. They stand as beacons of hope in a world in desperate need of difference makers and heroes.

This course aims to enhance the awareness of oral health professionals regarding cultural and social oral habits, such as chewing tobacco, 'betel nut', 'khat', and 'coca leaf' or 'kola nut' usage. Understanding these habits is crucial in comprehending their adverse effects on oral health, overall human wellness, and global health. Furthermore, it sheds light on how geographically distant populations, with their unique practices, can significantly impact local dental practices as they migrate worldwide. This knowledge transfer is vital in promoting holistic health, emphasizing the interconnectedness of oral habits with oral cancer, disease prevention, and overall well-being.



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Learning Objectives:

Participants will be actively engaged through a visually compelling presentation showcasing globally researched cultural oral habits, including unique insights from Vietnam. Interactive discussions will address the oral health crisis within dental practices and inspire the exploration of preventive solutions.

- Articulate the benefits of oral cancer awareness for both clients and providers
- Demonstrate proficiency in detecting oral lesions during patient examinations
- Analyze the implications of increased awareness of unique cultural risk habits worldwide
- Develop a professional development plan to continuously integrate global oral cancer awareness into daily practice

SUGGESTED ATTENDEES:
Doctors and Team Members

SUGGESTED FORMAT:
Full or Half Day; Lecture, Workshop, Keynote